**Many of our homemade desserts contain at least 50% fruit!**

### Whole Grain

Where possible we use ingredients sourced from local producers.

### Sustainable Fish

Over 75% of our dishes are made fresh on site today from fresh ingredients.

### The Guide to Goodness

The fish we serve is from well-managed and sustainable fisheries.

### At Least 50% Fruit

Many of our homemade desserts contain at least 50% fruit!