Victory Primary School Autumn 2022 Menu

Week beginning 5.9.2022, 3.10.2022 31.10.2022, 21.11.2022, 12.12,2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat / fish option 1	BBQ Chicken Pasta Bake	Beef Spaghetti Bolognese	Roast Chicken with Gravy and roast potatoes	Chicken Pie with Gravy	Fish Fingers with Chips
Vegetarian option 1	Chick Pea & Mixed Vegetable Balti with Rice	Vegetable Lasagne	Roasted Vegetarian Strips with gravy roast Potatoes	Vegetable Curry with Rice	Cheese & Onion Quiche with Chips
Vegetarian or meat option 2	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches
Vegetables	Green Beans & Sweetcorn	Carrots & Broccoli	Roasted Mediterranean Vegetables	Sweetcorn & Coleslaw	Peas & Bake Beans
Salad bar	Daily Salad Bar & Fresh Fruit	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit	Fruit Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit
Desert	Peach Fool	Yoghurt Bar (50%)	50% Fruit Pineapple Upside Down Sponge with Custard	Cheese & Crackers	Frozen Strawberry Yoghurt with Fruits (50%)

Week Beginning 12.9.22, 10.10.2022, 07.11.2022, 28.11.2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat / fish option 1	Chicken Curry and rice	Chicken Sausage & Gravy with mashed Potato	Roast Lemon & Garlic Chicken Thigh with Roast Potatoes & Gravy	Cottage Pie	Breaded Pollock with chips
Vegetarian option	Vegetarian Chicken Style Piri Piri Strips Wrap	Quorn Sausage & Gravy with mashed Potato	Vegetable + cheese puff	Spinach & Lentil Dahl with Rice	Vegetarian Burgers with Chips
Vegetarian or meat option 2	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches
Vegetables	Green Beans & Carrots	Roasted Cauliflower & Broccoli	Sweetcorn & Coleslaw	Roasted Mediterranean Vegetables	Peas & Baked Beans
Salad bar	Daily Salad Bar & Fresh Fruit	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit	Fruit Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit
Desert	Fresh Fruit Salad with Natural Yoghurt (50%)	Yoghurt Bar (50%)	Oaty Apple & Berry Crumble with Custard (50%)	Cheese & Crackers	Strawberry Yoghurt with Fruits (50%)

Week beginning 19.9.22, 17.10.2022, 14.11.2022, 5.12.2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option 1	Beef Lasagne with garlic bread	Meatballs and Pasta in a Tomato Sauce	Roast Chicken with Gravy and Roast Potatoes	Chilli Con Carne and rice	Battered Pollock & chips
Vegetarian option	Cheese and tomato puff	Honey & Ginger Vegetable Strips with rice	Macaroni Cheese	Meat feast Pizza	Omelette and chips
Vegetarian or meat option 2	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches	Jacket Potatoes with Cheese or Bake Beans	Sandwiches
Vegetables	Peas & Cauliflower	Carrots & Sweetcorn	Green Cabbage & Sweetcorn	Broccoli & Carrots	Peas & Baked Beans
Salad bar	Daily Salad Bar & Fresh Fruit	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit	Fruit Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Fruit
Desert	Fresh Fruit Salad with Natural Yoghurt (50%)	Yoghurt Bar (50%)	Vanilla Sponge with Apple Compote (50%)	Cheese & Crackers	Vanilla Ice Cream with Fruits (50%)