

## Victory Primary School Spring Menu

Week beginning 2.1.23, 23.01.23, 20.02.23, 13/3/2023

Week1

|                             | Monday                                      | Tuesday                                   | Wednesday   | Thursday                                  | Friday                        |
|-----------------------------|---|---|---|---|-------------------------------|
| Meat / fish option 1        | BBQ Chicken Rice                            | Beef Spaghetti Bolognese                  | Roast Chicken with Gravy and roast potatoes         | Hot Pot                                   | Fish Fingers with Chips       |
| Vegetarian option 1         | Chick Pea & Mixed Vegetable Balti with Rice | Macaroni and cheese                       | Roasted Vegetarian Strips with gravy roast Potatoes | Vegetable Curry with Rice                 | Cheese Tomato Pasta           |
| Vegetarian or meat option 2 | Sandwiches                                  | Jacket Potatoes with Cheese or Bake Beans | Sandwiches  | Jacket Potatoes with Cheese or Bake Beans | Sandwiches                    |
| Vegetables                  | Green Beans & Sweetcorn                     | Carrots & Broccoli                        | Roasted Mediterranean Vegetables                    | Sweetcorn & Coleslaw                      | Peas & Bake Beans             |
| Salad bar                   | Daily Salad Bar & Fresh Fruit               | Daily Salad Bar & Fresh Bread             | Daily Salad Bar & Fresh Fruit                       | Fruit Daily Salad Bar & Fresh Bread       | Daily Salad Bar & Fresh Fruit |
| Desert                      | Jelly                                       | Yoghurt Bar (50%)                         | Cheese and Biscuit                                  | Cheese & Crackers                         | Ice cream                     |

Week Beginning 9.1.23, 30.01.23, 27.02.23,20/3/2023

Week 2

|                             | Monday   | Tuesday                                    | Wednesday                                    | Thursday  | Friday                               |
|-----------------------------|--|--|--|---|--------------------------------------|
| Meat / fish option 1        | Chicken Curry and rice                         | Chicken Sausage & Gravy with mashed Potato | Turkey Roast Potatoes Gravy                  | Pizza:<br>Cheese and Tomato<br>Meat Feast<br>Garlic Bread | Breaded Pollock with chips           |
| Vegetarian option           | Vegetarian Chicken Style Peri Peri Strips Wrap | strips<br>Rice and Gravy                   | Vegetable + cheese puff. Vegetables Varies   | Chickpeas & Lentil Dahl with Rice                         | Puff with Veg filling                |
| Vegetarian or meat option 2 | Sandwiches                                     | Jacket Potatoes with Cheese or Bake Beans  | Sandwiches                                   | Jacket Potatoes with Cheese or Bake Beans                 | Sandwiches                           |
| Vegetables                  | Green Beans & Carrots                          | Roasted Cauliflower & Broccoli             | Sweetcorn & coleslaw                         | Roasted Mediterranean Vegetables                          | Peas & Baked Beans                   |
| Salad bar                   | Daily Salad Bar & Fresh Fruit                  | Daily Salad Bar & Fresh Bread              | Daily Salad Bar & Fresh Fruit                | Fruit Daily Salad Bar & Fresh Bread                       | Daily Salad Bar & Fresh Fruit        |
| Desert                      | Fresh Fruit Salad                              | Yoghurt Bar (50%)                          | Oat Apple & Berry Crumble with Custard (50%) | Cheese & Crackers   | Strawberry Yoghurt with Fruits (50%) |

Week beginning 16.01.23, 6.02.23, 6.03.2023, 27/3/2023

Week3

|                             | Monday                                       | Tuesday                                   | Wednesday                                   | Thursday                                  | Friday                              |
|-----------------------------|--|---|---|---|-------------------------------------|
| Meat option 1               | Chilli Con carne with Rice                   | Meatballs and Pasta in a Tomato Sauce     | Roast Chicken with Gravy and Roast Potatoes | Pizza: Cheese and Tomato                  | Battered Pollock & chips            |
| Vegetarian option           | Veg curry with Rice                          | Honey & Ginger Vegetable Strips with rice | Macaroni Cheese                             | Meat Feast Pizza<br>Garlic Bread          | Omelette and chips                  |
| Vegetarian or meat option 2 | Sandwiches                                   | Jacket Potatoes with Cheese or Bake Beans | Sandwiches                                  | Jacket Potatoes with Cheese or Bake Beans | Sandwiches                          |
| Vegetables                  | Peas & Cauliflower                           | Carrots & Sweetcorn                       | Green Cabbage & Sweetcorn                   | Broccoli & Carrots                        | Peas & Baked Beans                  |
| Salad bar                   | Daily Salad Bar & Fresh Fruit                | Daily Salad Bar & Fresh Bread             | Daily Salad Bar & Fresh Fruit               | Fruit Daily Salad Bar & Fresh Bread       | Daily Salad Bar & Fresh Fruit       |
| Desert                      | Fresh Fruit Salad with Natural Yoghurt (50%) | Yoghurt Bar (50%)                         | Vanilla Sponge with Apple Compote (50%)     | Cheese & Crackers                         | Vanilla Ice Cream with Fruits (50%) |